

Earn up to **\$500** in 2023!

State employee health plan subscribers can complete the Health Assessment Tool (HAT) on or after January 1 and earn a \$200 Health Reimbursement Arrangement thru ASIFlex. State employees enrolled in the health plan can earn up to \$300 in Health Reward gift cards after they complete the HAT in 2023. Register or log into [Mobile Health](#) to get started!

What can you do?	What can you earn?	What type of reward?
Health Assessment Tool (HAT)	\$200	HRA Deposit
Annual Flu Vaccination*	\$100	Amazon or MasterCard Gift Card
Mobile Health 5,000 Point Library	\$100	Amazon or MasterCard Gift Card
Know Your Numbers Biometric Screening*	\$100	Amazon or MasterCard Gift Card
Preventative Care Screening*	Up to \$200	Amazon or MasterCard Gift Card
Complete Two Mobile Health Journeys	\$100	Amazon or MasterCard Gift Card

**Indicates claims-based reward. Please plan and allow 45-60 days from date of service for claim to process and for reward to be applied.*

Find frequently asked questions and additional Health Reward details at:

<https://das.nh.gov/riskmanagement/active/wellness/earn-incentives.aspx>

Don't have a mobile device?

Access the Mobile Health app from your computer:

<https://www.mobilehealthconsumer.com/web/pages/login.html>



**Available in
App Store & Google**

